

**Bangkok International Conference on Social Science (BICSS), Landmark Bangkok Hotel,  
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by:

Dr. Ma. Lindie Masalinto and Dr. Antonio Yango presented their papers in the Bangkok International Conference on Social Science (BICSS 2014) last January 18-20 in Bangkok Thailand together with their co-authors Dr. Pedrito Bermudo and Prof. Analiza Malalay. Dr. Masalinto also served as a session chair in the said event aside from being a presenter with her paper entitled "The extent of Use of Coping Mechanisms among Selected Faculty of UPHSL-JONELTA". Dr. Yango's paper is entitled "Laguna Industries Corporate Social Responsibility (CSR) Program."



This 2nd Bangkok International Conference on Social Science (BICSS 2014) aims to provide a forum for researchers, practitioners, and professionals from the industry, academia and government to discourse on research and development, professional practice in social science. It is one of the leading international conferences for presenting novel and fundamental advances in the fields of social science. It also serves to foster communication among researchers and practitioners working in a wide variety of scien-

**The Extent of Use of Coping Mechanisms among Selected  
Faculty of UPHS-JONELTA, Philippines**

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**Abstract**

Coping mechanisms is considered as 'survival skills'. With the serious role accompanied by great responsibility, educators must have these skills. They are strategies that they can use in order to deal with stresses, pain, and natural changes that they usually experience in life and work. According to psychologists, coping mechanisms are learned behavioral patterns used to cope. The researchers conducted this particular to investigate the various coping mechanisms of the faculty who are expected to be effective and efficient educators in spite of stressful nature of their work. This present study employed basically the descriptive method. It was conducted in order to discover facts about the coping mechanisms of the faculty of UPHS –JONELTA to stress. For the test of significant difference between the level of use of coping mechanism of the respondents to years in service it is concluded that the