

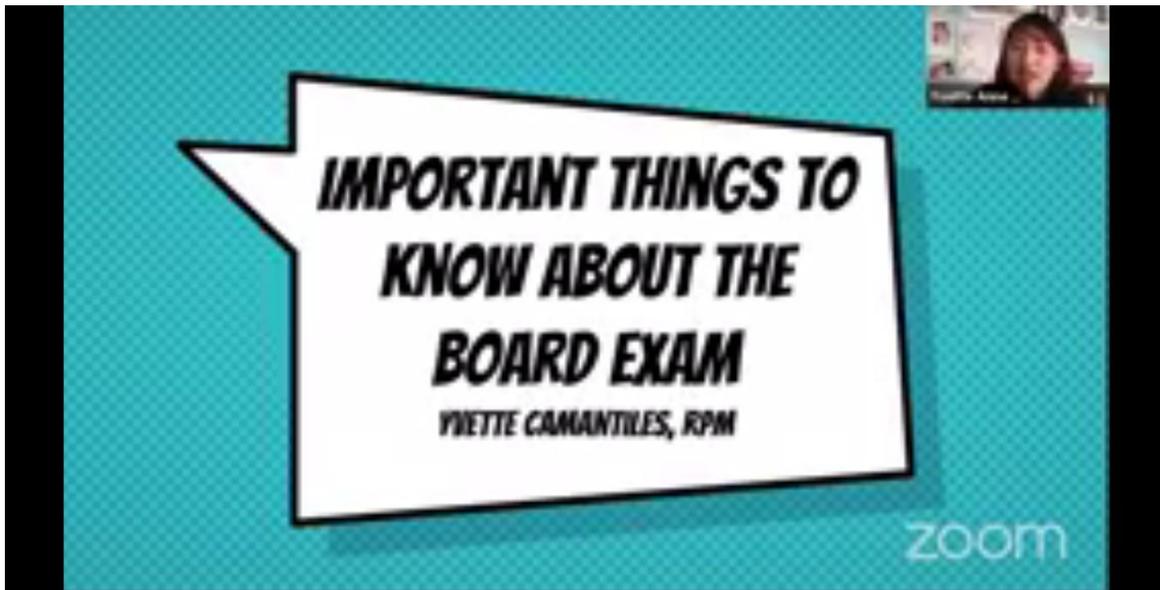
# Psychology Society of UPHSL participates in the international free webinar: “The Road to RPM, the Journey to become a TOPNOTCHER”



On February 28, 2021, the RGO Psychology Review Center of the Philippines together with its partner schools including the Psychology Society of University of Perpetual Help System- Laguna conducted a free webinar entitled: “*The road to RPM, the Journey to become a Topnotcher.*” The webinar aims at motivating and providing Psychology students the needed information on how to do well and be a topnotcher in the Licensure Examination for Psychometrician. The webinar was hosted by a member of the RGO Psychology Review Center.



The program started at 9:00 in the morning and ended at 12:00 pm. In the beginning of the program, the host of the webinar explained to the virtual attendees the whole process of webinar and provided them a comprehensive background of RGO Psychology Review center. The center invited three distinguished webinar speakers who shared their challenging yet meaningful experiences as topnotchers and as psychology students, they were Ms. Geo Lovan Estepa Flores, Rpm (Top 2) who shared her life lessons which focused on important dimensions such as “*Magpakatao*” where she highlighted the value of acknowledging a person’s limitations, “*Pray specifically*” for she emphasized that prayer is more powerful than anything else, and “*Do everything you can*” to be successful in all endeavors and should never be complacent in doing things.

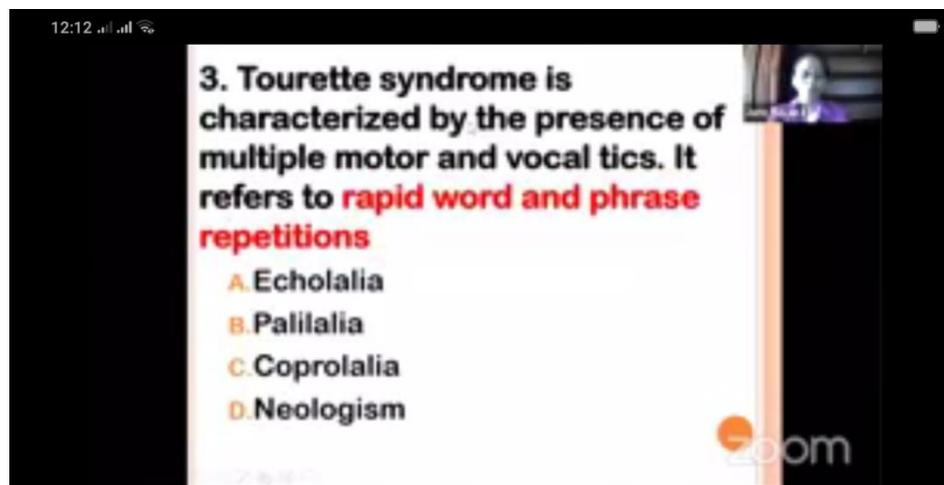


The second speaker of the free webinar was Ms. Yvette Camantiles, Rpm, (top 2) and graduated Summa Cum Laude who shared important things the students need to know about the Licensure Examination which included tips before, during, and after taking the board exam. She also explained to the students what is and what for is the BLEEP (Board Licensure Examination for Psychologists and Psychometricians). Part of her discussion was the easiest ways to do and what to expect during the actual examination. With wit and humor, the speaker also included in her lecture few unidentified Filipino superstitious beliefs that made the webinar attendees motivated to listen and became proactive in sharing their experiences related to the topic raised by the speaker. Likewise, Ms. Yvette reiterated the significance

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of the dogma “*Failures are pre-requisites to success*”, which can be a guiding principle in the aspirations of the students.

And the last webinar speaker was .Ms. Janelyne E. Tuyan , a National Lecturer of RGO Review Center who shared some test-taking skills and strategies which can be useful for the students to consider when taking the licensure examination. She also presented examples of test items just for them to have an idea of how the test questions in the board examination are constructed. Additionally, Miss Janelyne taught the students helpful strategies to use when answering questions in the board examination and one of them was the “*elimination*” of the wrong answer in the choices. In that short time of lecture provided by Ms. Janelyne, the students were able to realize the value of preparedness before taking the board examination . In conclusion, the host of the webinar thanked the participating schools and their students for taking time to be part of the webinar organized by RGO Psychology Review center.



LIVE 407

Maerri of Ooma...

# University of Perpetual Help System Laguna - Biñan College of Arts and Sciences



zoom

Go to Settings to activate Windows.

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This image shows a Zoom meeting screen with a blue background. On the left, the text 'University of Perpetual Help System Laguna - Biñan College of Arts and Sciences' is displayed in white. To the right is the university's logo, a green gear-like circle containing an open book and a pencil. The Zoom logo is in the bottom right corner. At the top left, it says 'LIVE 407'. At the top right, there is a small video thumbnail of a woman. At the bottom, there is a taskbar with three image thumbnails and a 'Show all' button.

12:37

o Brilliant Minds Choose o RGO!!!



zoom

This image shows a Zoom meeting screen with a white background. At the top left, the time '12:37' is shown. The main text reads 'o Brilliant Minds Choose o RGO!!!' in red. Below the text is a logo for 'RGO' featuring the letters in green on a blue oval, with three stylized human figures in yellow and green holding hands around it. The Zoom logo is in the bottom right corner. At the top right, there is a small video thumbnail of a woman. At the bottom, there is a row of purple and white rectangular blocks.