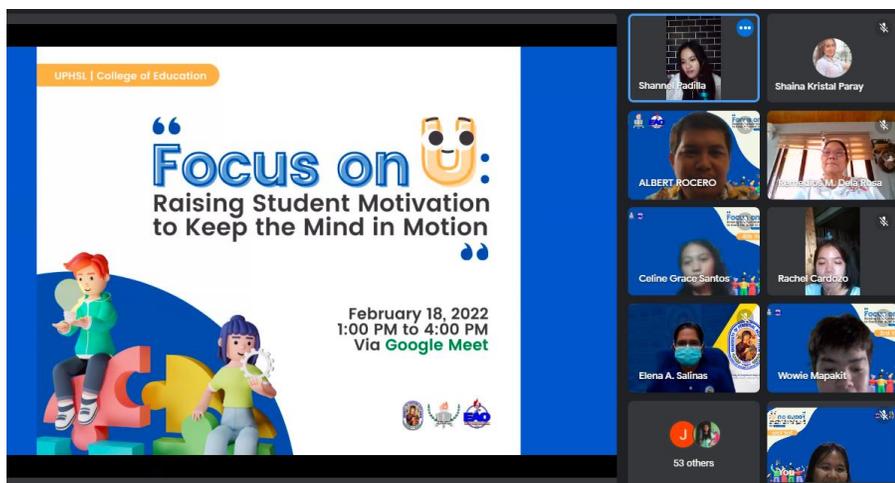


“Focus on U: Raising Student Motivation to Keep the Mind in Motion”

Students’ Webinar | College of Education

By Crishiamae B. Torres & Sarah Lynn N. Cedeño

The new mode of learning through virtual classes is a big transition in education where learners are expected to stay at home and connect with their teachers and classmates through the use of the internet. The global pandemic brought by COVID-19 has affected us that much and some of the professionals and students are starting to lose motivation in learning during these trying times.

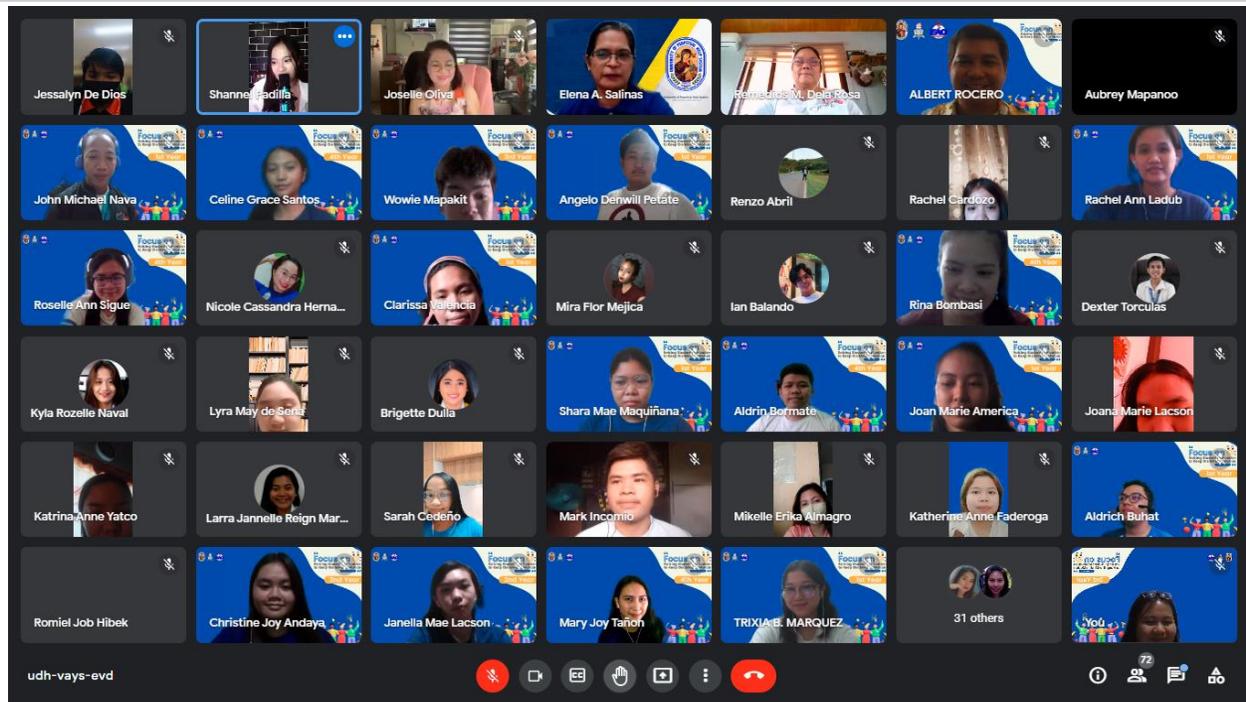


On February 18, 2022 (Friday), the UPHSL College of Education conducted a webinar with the theme “Focus on you: Raising Student Motivation to Keep the Mind in Motion” was held via Google Meet participated by students, faculty of instruction, deans, and guest participants from facebook live. This webinar was hosted by the President of Educare Alpha Omicron- Wowie Mapakit and Personal Relation Officer 4 - Shannel Padilla. The event started at 1:07 in the afternoon relaunching the social media accounts of the college of education. Moreover, Prof. Albert Rocero, adviser of EAO and a full time faculty conducted the reorientation to the students about the social media accounts/pages of the College of Education. Few videos from the Youtube channel have been shown. The program proper started at 1:52 in the afternoon with the preliminaries Prayer, National Anthem, and Perpetual Hymn were played and was followed by the



opening remarks from our Dean Dr. Elena A. Salinas who expressed her gratitude to all the participants and sympathy for the hardship we are experiencing in the online learning set up. She ended her opening remarks by saying how important it is for the students and the professionals to be in the right state of mind as we move forward in spite of the challenges. The resource speaker was formally introduced by Prof. Albert R. Rocero. The speaker is an Associate Professor V, Recipient of Outstanding Faculty Award, Dr. Jane D. Devine shares a

presentation showing how to be motivated in whatever we do in our lives because it should only come within us. She also showed the things and characters that we must keep in mind in order to be on track in whatever we want to achieve in life. In addition to this, she also talked about how to handle failures as this should teach us how to be stronger and wiser.



Indeed, the afternoon was filled with inspiration and motivations and how we can become the person we want to be in the future. The talked made everyone ponder on the quote from Dr. Devine - “You cannot motivate others if you cannot motivate yourself. It starts within you.” and that “Life is not about finding ourselves, but creating it.”