

FAMILY DYNAMICS, EMOTIONAL RESPONSES, HOPE AND HANDLING STRATEGIES AMONG CALAMITY VICTIMS



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Abstract

The study used the descriptive-correlation method to determine the family dynamics of the respondents along with communication patterns and emotional support; identify the emotional responses of the victims of Typhoon Maring along with depression and anxiety; evaluate respondents' level of hope after the calamity; analyze their handling strategies after the calamity and; evaluate whether significant relationship occurred between family dynamics and emotional responses. The study utilized forty respondents who were victims of typhoons. The study used convenience sampling. A researcher-made questionnaire was administered. The family dynamics of the respondents in terms of communication patterns and emotional support were positive, their emotional responses in terms of depression were negative while their anxiety was positive, their level of hope after the calamity was very high, handling strategies after the calamity was positive, and there was no significant relationship between the respondents' family dynamics as to communication pattern and emotional responses in terms of depression and anxiety.

Keywords:

Family Dynamics, Emotional Responses, Hope, Handling Strategies, Calamity Victims

